

PLEASE NOTE

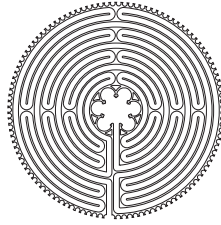
**PICKUP AND RETURN OF THE LABYRINTH CAN
ONLY
BE MADE TUESDAY THRU THURSDAY,
10 AM - 3 PM.**

**YOUR PICKUP AND RETURN TIME *MUST* BE
ARRANGED WITH KAREN ST. LAURENT,
713-622-4807 X 15.**

The church is on San Felipe between 610 Loop and Post Oak.

St. Philip Presbyterian Church
4807 San Felipe
Houston, Texas
713-622-4807

BRING HELP in transporting (both pickup and return) the labyrinth. (The center section in carrying bag weighs over 70 lbs. The two wing sections weighs over 50 lbs. each.) **The church is not able to provide this assistance to you.**



Labyrinth Rental Information

1. To schedule your rental contact:

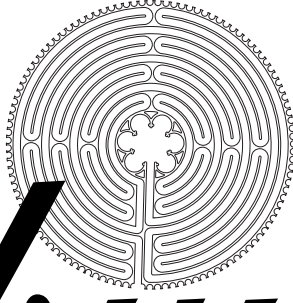
Meg Scott
281-440-6510

2. Cost for rental is \$150. Make check out to Jim Watson and mail as soon as possible after your event to:

Jim Watson
234 Stoney Creek Rd.
Houston, TX 77024
832-358-0481 (home) 713-444-0052 (cell) 281-293-2883 work
Jim.Watson@conocophillips.com

3. To schedule your pickup and return time, call Karen St. Laurent, 713-622-4807 x 15. The church is on San Felipe between 610 Loop and Post Oak. Time for both pickup and return **MUST** be arranged with Karen St. Laurent at St. Philip Presbyterian Church, 4807 San Felipe, Houston, 713-622-4807. It is important to bring help in transporting (both pickup and return) the labyrinth. (The center section in carrying bag weighs over 70 lbs. The two wing sections weighs over 50 lbs. each.) The church is not able to provide this assistance to you.
4. Make sure the floor is clean before laying the labyrinth down.
5. Have at delivery **six** able-bodied helpers to **set up** and at the end to **take it down**.
6. No one is to walk in bare feet or hosiery. Make sure clean socks are available. Surgical booties may be used over shoes.
7. If possible, arrange for plants, banners, candles (not to be placed on the labyrinth) or other items you may want to “hold” the sacred space. We provide the following items: a small rug for the entrance to the labyrinth, scarves, and pillows for the center.
8. Presenters for your program will be provided upon request and require a separate fee which is negotiated with them.
9. Please have our brochure available which can be downloaded at our website, www.HoustonLabyrinthNetwork.org. Also, suggest for advance reading, **Walking a Sacred Path**, by the Rev. Lauren Artress.
10. For anyone who would like to continue to be informed about Houston area labyrinth events and the Houston Labyrinth Network, please direct them to visit the site at the above address and follow the simple registration directions.
11. Return labyrinth as soon as possible after your event, unless other arrangements have been made.

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Labyrinth

FOR YOUR MEDITATION

Many people find it valuable to think of their faith journey as a guided path. There is encouragement in knowing that God is not only offering guidance but constantly enticing us to follow. We made choices yesterday that we cannot change. However we have an open future. We are free to make new choices that are relevant to today's situation. We can walk in faith, knowing that God is with us.

Sit quietly and take at least three slow, deep breaths...Get a sense of yourself being on your life path...Notice the kind of path it is and how you are moving along it...Look back and notice the kind of path you have already traveled. Let yourself become aware of the decisions and choices you have made... Now become aware of where you are today on your path. Look around and do whatever you need to do to get in touch with where you are today...Become aware of the path ahead of you...You do not know with any certainty where it leads or the choices it will offer. Open yourself to a sense of being guided by God to make right choices...You may want to walk ahead on the path, sensing yourself moving forward, experiencing this pull toward the right decisions... If any particular decision emerges for you, pay attention to it and to your response...Take whatever time you need to continue with as much looking forward as you desire...Now get a sense of the many people throughout the world who are following their own unique paths...You may pay particular attention to family members or those close to you...Sense now the potential for choices being made available to everyone...When you are ready, slowly bring yourself back to an awareness of this room, the chair you are sitting upon, this moment in time.

LAYING OUT AND FOLDING THE LABYRINTH

To lay down the labyrinth, have four to six able-bodied people and a clean floor. The labyrinth is 100% cotton ten-gauge canvas in three sections. Lay the center section with the entrance facing west or the direction most useful for quiet, unobstructed entering of the labyrinth. The two wing sections attach by Velcro to the center section. Overlap the sections so that the painted design matches. Crawl along the seam and work the pattern together.

To fold the labyrinth, separate the sections. Fold the center section by having four or more people stand (wearing socks) at the top end of the labyrinth and walk backward on the labyrinth to fold the top end to the entrance end. This folds the labyrinth section in half. Keep folding in half the top to the bottom, again and again, until the section is smaller than the length of the carrying bag. Roll the folded section. Roll so sides are straight; prevent telescoping. Then wrestle the rolled section into the carrying bag. (This is like putting a caterpillar back into a chrysalis.)

Use the same folding pattern with the side sections. Fold in half, top to bottom, again and again until the section is smaller than the length of the carrying bag. Roll the folded section. Roll so sides are straight; prevent telescoping.

The pillows, scarves, surgical booties, and socks (clean) go into the black duffel bag.

